

This listing of claims will replace all prior versions and listings of claims in the application:

- 1-60. Canceled
- 61. (Currently Amended) A method of adapting a helmet to be used with a head stabilizing system for limiting the load acting on a wearer's head and generated by displacement, velocity, or acceleration of the wearer's head with respect to the wearer's body, the head stabilizing system including a connection structure and at least one resisting member to be positioned between and connected to the helmet and the connection structure, comprising:

providing a conventional helmet having an outer shell;

providing at least one bracket configured to connect to the at least one resisting member; and

attaching the at least one bracket to a surface the outer shell of the helmet with an a binary methyl methacrylate adhesive.

- 62. (Original) The method of claim 61, wherein attaching the at least one bracket includes using an aerospace-grade binary bonding agent.
- 63. (Currently Amended) The method of claim 62, wherein the <u>a bond</u> formed between the aerospace-grade binary bonding agent <u>and the unmodified outer</u> shell of the helmet has a minimum shear strength of 1,000 pounds per square inch.
- 64. (Original) The method of claim 61, wherein attaching the at least one bracket does not alter the structure of the helmet.
  - 65. Canceled

- 66. (Currently Amended) The method of claim 61, wherein providing the conventional helmet includes providing a certified helmet.
- 67. (Original) The method of claim 66, wherein attaching the at least one bracket does not affect certification of the helmet.
- 68. (Withdrawn) The method of claim 61, further comprising attaching two brackets to the helmet.
- 69. (Withdrawn) The method of claim 61, further comprising attaching three brackets to the helmet.
- 70. (Original) The method of claim 61, wherein attaching the at least one bracket includes attaching the at least one bracket to a back portion of the helmet.
- 71. (Withdrawn) The method of claim 61, wherein attaching the at least one bracket includes attaching the at least one bracket to a side portion of the helmet.
- 72. (Withdrawn) The method of claim 61, wherein attaching the at least one bracket includes attaching a first bracket to a first side portion of the helmet and attaching a second bracket to a second, opposite side portion of the helmet.
- 73. (Currently Amended) A method of adapting a racing helmet to be used with a head stabilizing system for limiting the load acting on a wearer's head and generated by displacement, velocity, or acceleration of the wearer's head with respect to the wearer's body, comprising:

providing a conventional racing helmet <a href="https://personal.com/helmet\_having an outer shell">helmet method</a> at least one bracket to a surface the outer shell of the helmet with a binary methol method adhesive.

- 74. (Currently Amended) The method of claim 73, wherein gluing bonding the at least one bracket includes using an aerospace-grade binary bonding agent.
- 75. (Currently Amended) The method of claim 74, wherein the <u>a bond</u> formed between the aerospace-grade binary bonding agent <u>and the unmodified outer</u> shell of the helmet has a minimum shear strength of 1,000 pounds per square inch.
- 76. (Currently Amended) The method of claim 73, wherein gluing bonding the at least one bracket does not alter the structure of the helmet.
  - 77. Canceled.
- 78. (Currently Amended) The method of claim 73, wherein providing the conventional racing helmet includes providing a SNELL-certified helmet.
- 79. (Currently Amended) The method of claim 78, wherein gluing bonding the at least one bracket does not affect the certification of the helmet.
- 80. (Currently Amended-Withdrawn) The method of claim 73, further comprising gluing bonding two brackets to the helmet.
- 81. (Currently Amended-Withdrawn) The method of claim 73, further comprising attaching bonding three brackets to the helmet.
- 82. (Currently Amended) The method of claim 73, wherein gluing bonding the at least one bracket includes gluing bonding the at least one bracket to a back portion of the helmet.
- 83. (Currently Amended-Withdrawn) The method of claim 73, wherein gluing bonding the at least one bracket includes gluing bonding the at least one bracket to a side portion of the helmet.

84. (Currently Amended-Withdrawn) The method of claim 73, wherein gluing bonding the at least one bracket includes gluing bonding a first bracket to a first side portion of the helmet and gluing bonding a second bracket to a second, opposite side portion of the helmet.